

Breakfast

Served until 10:30am

	Energy per portion		Vegetarian	Cereals containing gluten											Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin								
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																										
Bacon & Egg McMuffin®	1456	348		x	x														x	x															
Sausage & Egg McMuffin®	1797	430		x	x														*	x	x														
Egg & Cheese McMuffin®	1236	295		x	x														*	x	x														
Double Bacon & Egg McMuffin®	1676	401		x	x														*	x	x														
Double Sausage & Egg McMuffin®	2358	565		x	x														*	x	x														
Pancakes & Syrup	2019	477	V	x																	x	x													
Pancakes with Sausage & Syrup	2580	612		x																	x	x													
Flahavan's Porridge Oats (Plain) with Milk	795	190	V	*	*	*	x														x														
Hash Brown†	568	136	V																																
Bacon & Cheese Toastie	920	220		x																*	x	*													
Ham & Cheese Toastie	858	205		x																*	x	*													
Cheese Toastie	1025	245		x																*	x	*													
Breakfast Roll with Brown Sauce	2168	517		x	x	x													*	x	x														
Breakfast Roll with Tomato Ketchup	2158	515		x	*	*														*	x	x													
Bacon Roll with Brown Sauce	1497	356		x	x	x													*	*															
Bacon Roll with Tomato Ketchup	1478	351		x	*	*													*	*															
Muffin and Jam with Butter	957	227	V	x	x														*	x															

August Food Event 2019

7th August to 24th September 2019

	Energy per portion		Vegetarian	Cereals containing gluten											Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin								
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																										
Double Quarter Pounder™ with Cheese	3131	750		x	*	*													x	x															
Spicy Chicken McNuggets® x 6	1212	290		x															*	*															
Spicy Chicken McNuggets® x 9	1818	435		x															*	*															
Spicy Chicken McNuggets® x 20 ShareBox	4040	967		x															*	*															
Spicy Tomato Dip	150	35	V																																
Cheese Bites	955	228		x																	x														
Rich Tomato Dip	169	40	V																																
Twix® McFlurry®	1512	360	V	x		*	*					x									x														
Mini Twix® McFlurry®	756	180	V	x		*	*					x									x														
Mars® McFlurry®	1527	363	V	*		x	x					x									x														
Mini Mars® McFlurry®	764	182	V	*		x	x					x									x														

McCafé Iced

1st May to 24th September 2019

		Energy per portion		Vegetarian	Cereals containing gluten											Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin							
		kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut																									
Raspberry Ripple Iced Cooler	REGULAR	1125	268	V																	x														
Raspberry Ripple Iced Cooler	LARGE	1357	324	V																	x														
Millionaire's Iced Frappé	REGULAR	1199	286	V	*		*	*													x														
Millionaire's Iced Frappé	LARGE	1452	347	V	*		*	*				*									x														

Information correct at time of print, July 2019.

V = Suitable for vegetarians. X = Contains indicated allergen. * = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegetarian products. 0 = Zero amount present or less than 0.5% RI. RI = Reference Intake. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check www.mcdonalds.ie for the most up-to-date information.



We only use 100% Irish Beef.

Oh, and a pinch of salt and pepper.



We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles



We only use 100% chicken breast meat.

Across our whole range.

We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.



Some tasty food facts

Allergen Information for Customers



Valid from 7th August 2019 for the duration of the August Food Event

